

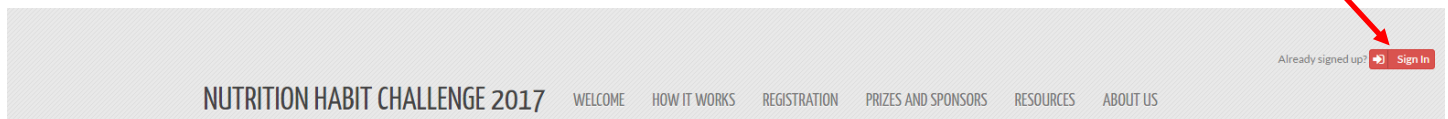


# How To Reset Your Nutrition Habit Challenge

February 1 - 28, 2017

Thank you for your participation in the Nutrition Habit Challenge. Please follow the steps listed below to reset your password on [www.nutritionhabitchallenge.com](http://www.nutritionhabitchallenge.com)

1. Upon arriving at [www.nutritionhabitchallenge.com](http://www.nutritionhabitchallenge.com) you will reach the home page. Click the "Sign In" button found at the top right corner to proceed.



**Nutrition Habit Challenge**  
February 1 - 28, 2017

*"I participated in the Nutrition Habit Challenge to improve my health and won a trip to Disney World! Accomplishing my nutrition commitment feels amazing! I am still practicing it to this day and am grateful for all the Nutrition Habit Challenge has provided me."*

Sahar Memari, NHC 2015 grand prize winner –

## REGISTRATION IS CLOSED AND THE CHALLENGE HAS STARTED!

We are excited to share that our original site is back up and running. If you registered via this site you can now log in, access your dashboard and begin using your online scorecard.

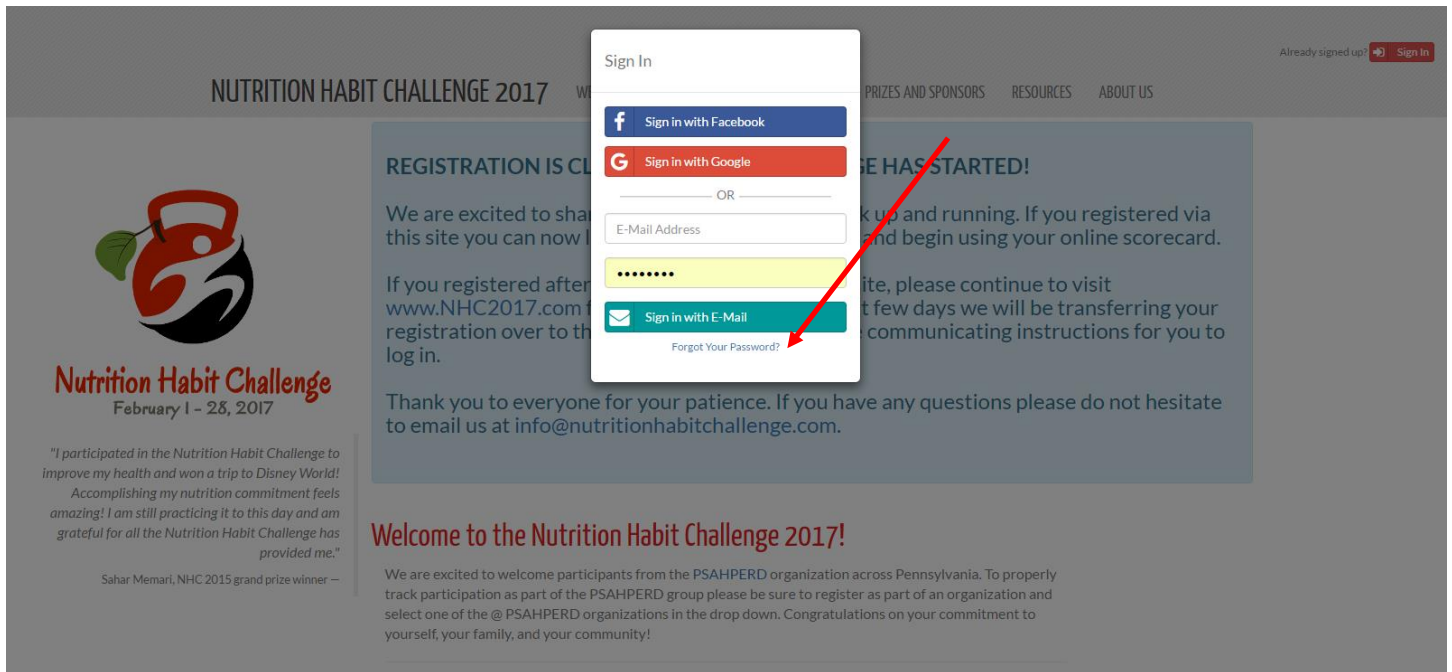
If you registered after 1/27/17 via our temporary site, please continue to visit [www.NHC2017.com](http://www.NHC2017.com) for information. Over the next few days we will be transferring your registration over to this original site, and we will be communicating instructions for you to log in.

Thank you to everyone for your patience. If you have any questions please do not hesitate to email us at [info@nutritionhabitchallenge.com](mailto:info@nutritionhabitchallenge.com).

## Welcome to the Nutrition Habit Challenge 2017!

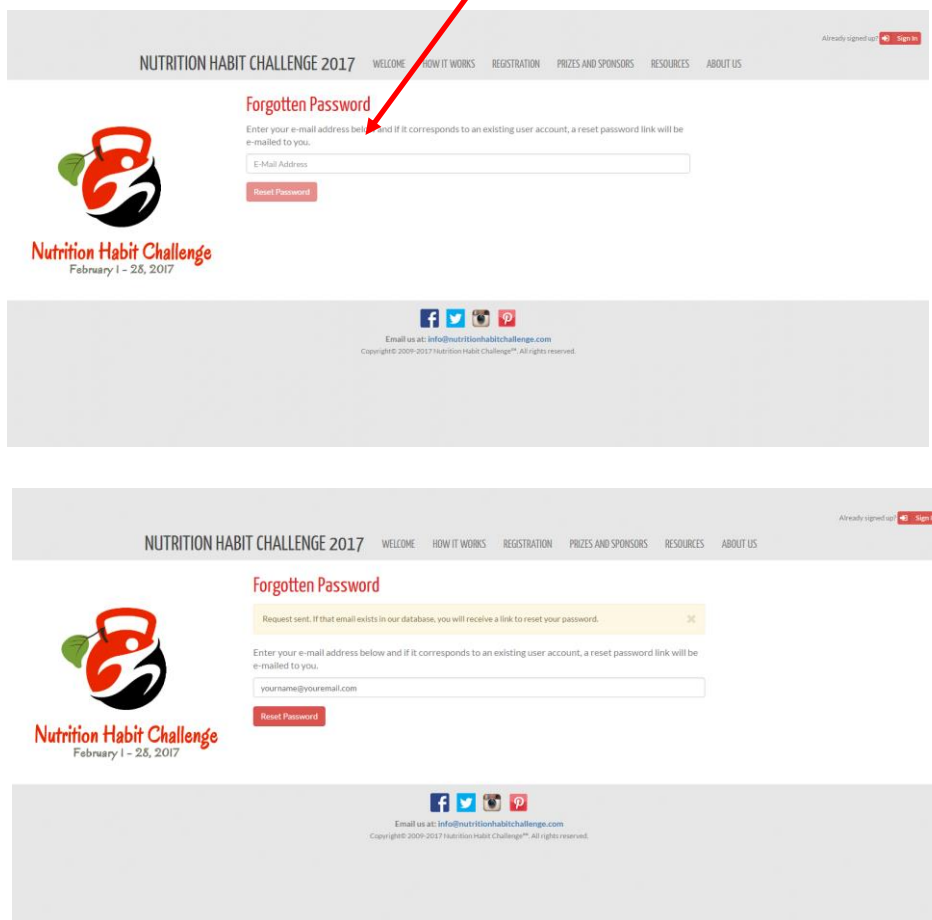
We are excited to welcome participants from the PSAHPERD organization across Pennsylvania. To properly track participation as part of the PSAHPERD group please be sure to register as part of an organization and select one of the @ PSAHPERD organizations in the drop down. Congratulations on your commitment to yourself, your family, and your community!

## 2. You will then be prompted to Sign In. Simply click “Forgot your Password?”



The screenshot shows the Nutrition Habit Challenge 2017 website with a 'Sign In' modal open. The modal contains options for 'Sign in with Facebook', 'Sign in with Google', and 'Sign in with E-Mail'. Below the 'Sign in with E-Mail' option is a 'Forgot Your Password?' link, which is highlighted by a red arrow. The background shows the website's navigation menu and a registration notice.

## 3. Next, you will be asked to enter the email address you **originally used when registering for the Challenge**. You will be sent an email to verify your address.



The first screenshot shows the 'Forgotten Password' page with a red arrow pointing to the 'Reset Password' button. The form asks for an 'E-Mail Address' and includes a 'Reset Password' button. The second screenshot shows the same page after a request has been sent, with a confirmation message: 'Request sent. If that email exists in our database, you will receive a link to reset your password.'

4. Go to your email inbox and click on the link in your email.

Hi (your name),

We received a request to reset the password on this account at <https://www.nutritionhabitchallenge.com>

To reset your password, use the following link: <https://www.nutritionhabitchallenge.com/reset-password/us1BMQ62btaXcg1asV0GDofTrX50FvRnkbkppHo=>

If you did not make this request, please ignore this e-mail.

Sincerely,  
The NHC Team

5. After clicking on the link, you will be prompted to reset your password. After doing so, you should be signed in as indicated by seeing your name in the top right corner of the NHC homepage. You can then click on “Dashboard” to access your scorecard.

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